

## Prayers to Know

### The Sign of the Cross

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.

### Glory Be to the Father

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be  
world without end.  
Amen.

### Our Father

Our Father, who art in heaven,  
Hallowed be thy name.  
Thy kingdom come;  
Thy will be done on earth  
as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.

### Hail Mary

Hail Mary, full of grace,  
the Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy  
womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners, now  
and at the hour of our death.  
Amen.

### The Act of Contrition

Oh my God, I am sorry for my sins.  
In choosing to do wrong and  
failing to do good,  
I have sinned against you whom I  
should love above all things.  
I firmly intend  
with the help of your Son,  
to do penance and  
to avoid whatever leads me to sin.  
Amen.

### The Apostles Creed

I believe in God, the Father Almighty,  
Creator of heaven and earth;  
and in Jesus Christ, his only Son, our Lord;  
who was conceived by the Holy Spirit,  
born of the Virgin Mary, suffered under Pontius  
Pilate, was crucified, died, and was buried.  
He descended into hell;  
the third day he rose again from the dead;  
he ascended into heaven, and is seated at the right  
hand of God, the Father Almighty;  
from there he will come to judge  
the living and the dead.  
I believe in the Holy Spirit, the holy  
Catholic Church, the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.  
Amen.